

Monterey Bay Psychological Association Meeting

March 5, 2021

12:00-2:00 p.m.

Zoom Meeting

Present: Dr. David Blasband (*Treasurer*), Dr. Cheryl Bowers (*Programs Committee Chair*), Dr. Diane Bridgeman (*CARE Committee Chair; Disaster Relief Committee Chair; Social Justice and Diversity Committee Co-Chair*), Dr. Kim Cardilla (*Past President*), Dr. Kirsten Carraway (*President*), Dr. Jon Girvetz (*Social Justice and Diversity Committee Co-Chair*), Dr. Catherine McGovern (*Ethics Committee Chair*); Dr. Stacey Touhy (LAN Rep)

Absent: Dr. Christine Fahrenbach (*Secretary*), Dr. Cindy May (*Membership Chair*);

Minutes Taken By: Kim Cardilla

Meeting called to order at 12:05 p.m. by Kirsten Carraway, President.

Roll call (quorum met)

Agenda Building: None.

Minutes: Motion to approve January 8, 2021 minutes, Kim Cardilla. Seconded by David Blasband.

Treasurer's Report:

Dr. David Blasband:

- Reported on income from membership renewals and registrations for 4/9/21 CE event.
- Question about preferred preparation of treasurer's report. Board agrees David's current presentation of information is very clear and understandable. No changes required.

President's Report:

Dr. Kirsten Carraway

- Membership fees for members experiencing hardship. How do we want to navigate these instances?
 - Cheryl moved to designate portion of our annual budget to a discretionary fund that is managed by the treasurer. Motion seconded by Jon Girvetz. Motion was passed unanimously.
- Email accounts: mbpasecretary@gmail.com account
 - Concerns that any emails sent to this email are not getting regularly checked, especially since this account has been phased out.
 - Plan developed to re-route emails from old account to new account and to shut down old account in 90 days.

- What should be protocol for somebody who is pre-licensed but wants to appear on the MBPA directory listing?
 - Cheryl recommended to consult with other chapters with respect to how they have navigated similar situations.
- Bylaws update: Cheryl and David indicated no update.

Immediate Past President's Report:

Dr. Kim Cardilla

- Listserv protocol
- Website
 - MBPA board meetings now on home page. Minutes for website can be uploaded, whenever approved.
 - MBPA secretary Gmail account has been removed from all pages where it existed. Current/correct email now in place.
 - MBPA board members, committees, positions are all updated.
 - Repository has been created. All board members have administrative level access to the repository. Board can upload any documents that should be stored/filed. No one can delete any document that they did not personally upload.

Program Committee Report:

Dr. Cheryl Bowers and Dr. Diane Bridgeman

- Twenty-five people registered for 4/9/21 CE event.
 - Diane has been sending flyer to several contacts/departments at UCSC, many contacts in the community, Encompass, Chief of Police, ACLU Chapter, Santa Cruz Indivisible, Trainer within SC police department.
 - Email blasts will be sent again on 3/18, 4/4, and 4/6.
- Cortney Bonham has requested for her CE to occur on August 6, 2021 from 1:30-3:30.
- Programs survey
 - Quite a few people want a CE course on ethics (equally divided between 2 vs. 6 hour CE).
 - Population: Geriatrics top; Adolescents was 2nd
 - Treatment modalities: CBT was top (but n=5).
 - Clinical focus: Anxiety and panic.
 - CE related to the pandemic (n=18).
- CPA program on Continuing Education. BoP is coming up with new guidelines regarding how we go about getting our 36 CEs for license renewal (regulations going into effect in 2022). MBPA is not generating a program on this but CPA will be and our members may be interested.

LAN Report:

Dr. Stacey Touhy

- March is a big month for events:
 - Friday, 3/12/2021 – 12-1:30 Roll of Advocacy. This is a CE event. You can sign up on the CPA website.
 - Cheryl: This is same day as Calciano event, so some board members may not be able to attend.
 - Sunday 3/14/2021 – 9-1:00 Leadership and Advocacy meeting (Presidents, President-Elects, and LAN reps attend).
 - Monday 3/15/2021 – 9:00-5:00 CPA Lobby Day
 - Encouraged all to sign up. It is free, it is virtual. Attendance is highly encouraged. This is a great opportunity for constituents to attend (and not worry about travel, expense, etc).
- As of March 1, 2021, CPA Director of Government Affairs: Colin Sueyres
 - Has taken over Amanda Levy's role.
- Leadership development training being offered.

Ethics Chair Report:

Dr. Catherine McGovern

- No updates.

Disaster Mental Health:

Dr. Diane Bridgeman

- Red Cross updating requirements that are making it difficult for psychologists to stay on the team or to join the team. Diane has been writing letters to protest all of the extra paperwork and classes that they are requiring people to do.

CARE Committee:

Dr. Diane Bridgeman

- Three calls received.

Social Justice Committee:

Dr. Diane Bridgeman

- Received email from her UCLA contact who expressed strong excitement for 4/9/21 event.

Motion to Adjourn Meeting: Moved – Kim Cardilla, Seconded -Kirsten Carraway

Meeting adjourned by Dr. Carraway at 2:00 p.m.

Next Meeting: Friday, 5/14/2021 from 12:00-2:00 p.m. on Zoom