

# Monterey Bay Psychological Association

Monterey, San Benito, and Santa Cruz County, California



**BAPA**  
BAY AREA PSYCHOLOGICAL  
ASSOCIATION

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## Dementia: Current Practices in Assessment, Treatment, and Prevention

Friday, June 16<sup>th</sup> @ 1-2:30 PM, 1.5CE, Via Zoom Webinar  
Presented by Emily W. Paolillo, PhD

### Course Description

The prevalence of dementia worldwide is expected to nearly triple from estimates of 57 million in 2019 to over 150 million by 2050 (Nichols et al., 2022). Timely and accurate detection of dementia is crucial for improving dementia care and patients' quality of life, reducing caregiver burden, and decreasing care costs (Rasmussen & Langerman, 2019). Mental health providers play an important role in the dementia detection and treatment process in older adults. This course will provide an overview of current practices in dementia care, including assessment of cognitive functioning in older adults, treatment practices, and emerging research on lifestyle interventions for dementia prevention.



**Emily W. Paolillo, PhD** is a neuropsychology fellow at the UCSF Memory and Aging Center. She obtained her PhD degree in Clinical Psychology (emphasis in Neuropsychology) from the San Diego State University/UC San Diego Joint Doctoral Program in 2021, which included a predoctoral clinical internship at VA Palo Alto Health Care System. Her research interests include evaluating digital health tools for early detection and monitoring of Alzheimer's disease and related dementias, as well as understanding lifestyle behaviors that confer risk and resilience to dementia.

### Learning Objectives

Identify four sets of diagnostic criteria for neurocognitive disorders and syndromes associated with various neurodegenerative diseases.

Describe three common recommendations and treatment planning strategies to support persons with dementia and their family/caregivers.

**Fees** MBPA, BAPA Members - \$25  
Non-Members - \$40

Register Now

CPA is co-sponsoring with MBPA. The California Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. CPA maintains responsibility for this program and its contents. **Important Notice:** Those who attend the workshop and complete the CPA evaluation forms will receive 1.50 continuing education credits. Please note that APA CE rules require that we give credit only to those who attend the entire workshop. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credits.