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## Monterey Bay Psychological Association



**SAN FRANCISCO**  
PSYCHOLOGICAL ASSOCIATION

# Being Prepared for the Unexpected: Practice and Ethics of Preparing Your Professional Will

**Friday, September 8<sup>th</sup>**

**1:00 – 3:40 PM**

Presented by Rochelle Perper, PhD (*Via Zoom*) 2.5 CE

The workshop will be recorded, but CE credit is only available for Zoom attendance on September 8<sup>th</sup>. The course will partially meet the required 4 hours of law and ethics for psychologists under various CPD Categories.

### Course Description

The current health crisis is a shocking reminder that life isn't always under our control. We know all too well how a person's life can change in an instant, oftentimes when it is least expected. As private practice clinicians, we are vulnerable to disability, illness, emergencies, and death. Yet, Psychologists are rarely prepared for situations like these. In this course, Rochelle Perper, Ph.D., Founder and Principal Psychologist of Therapy Changes will detail the key elements of a Professional Will and the legal and ethical considerations surrounding this important document. During this course you will have the opportunity to work on your Professional Will using a template provided. At the completion of this course, you will be equipped with the foundation of a practical tool that can be easily implemented into your private practice.

### Learning Objectives - Clinicians who attend will be able to:

1. List three (3) reasons for the creation of a Professional Will
2. Discuss the two (2) ethical issues behind the creation of a Professional Will
3. Identify four (4) key considerations when choosing a Professional Executor



Rochelle Perper, PhD is the Founder and Principal Psychologist of Therapy Changes, a multispecialty group psychology practice in San Diego, California. She is an active member of the San Diego Psychological Association (SDPA) and Chair of the SDPA Ethics Committee. Dr. Perper is committed to assisting the professional growth of mental health professionals by providing professional training courses on a variety of topics including law and ethics since 2011. Dr. Perper specializes in the area of complicated grief and is recognized for her compassion and skill in helping clients heal from trauma and working with victims of crime. In addition to her work in private practice, Dr. Perper provides consultation and expert testimony and review for forensic cases since 2018.

### Registration Fees

BAPA, ACPA, SFPA, & MBPA Members - \$25

Non-Members - \$50

Students - \$10

[\*\*Register Now\*\*](#)

CPA is co-sponsoring with BAPA. The California Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. CPA maintains responsibility for this program and its contents. **Important Notice:** Those who attend the workshop and complete the CPA evaluation form will receive 2.5 continuing education credits. Please note that APA CE rules require that we give credit only to those who attend the entire workshop. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credits.