



## Interrupting Systemic Racism in the Mind and On the Ground

Courtney M. Bonam, Ph.D.

(2 CE Hours)

Since George Floyd's murder in 2020, national conversations about race have centered on systemic racism—with some conversations calling into question the legitimacy of critical race theory as a framework for teaching and learning about racial dynamics in the United States. During this workshop, we will explore both critical race theory and systemic racism as essential for examining race from a psychological perspective, and review two useful evidence-based strategies for interrupting systemic racism. In doing so, we will place special emphasis on how physical space has been used as a tool to construct and reinforce racial boundaries and hierarchy.

By attending this workshop, practitioners within the helping professions will strengthen their racial analysis skills and become better equipped to engage in race-related conversations that arise among clients and colleagues who belong to a diverse range of racial groups—including White people and people of color.



**Courtney M. Bonam** is an Assistant Professor of Psychology and Critical Race and Ethnic Studies at the University of California at Santa Cruz. Previously she was a faculty member in Black Studies and Psychology at the University of Illinois at Chicago. She has been awarded grants and fellowships from the Ford Foundation, the University of California Chancellor's Postdoctoral Fellowship Program, the Society for the Psychological Study of Social Issues, and the American Psychological Association. Professor Bonam researches racial stereotyping as it shapes social perceptions and judgments relevant to racial inequalities in health, wealth, and wellbeing. Her work focuses on two understudied targets—physical spaces and multiracial people, to highlight the social construction of race and expand dominant psychological approaches to studying race. She also examines how social justice education can mitigate psychological processes that reinforce racial inequality. Professor Bonam completed a Postdoctoral Fellowship in the Goldman School of Public Policy at the University of California at Berkeley. She earned a BA in Psychology from the University of Michigan and a PhD in Psychology from Stanford University. Journals she has published in include *Journal of Social Issues*, *Cultural Diversity and Ethnic Minority Psychology*, and *Journal of Experimental Psychology: General*.

The California Psychological Association is co-sponsoring this event with the Monterey Bay Psychological Association. CPA is approved by the American Psychological Association to sponsor continuing education for psychologists and is recognized by the BBS to offer CE credit for its licensees. CPA maintains responsibility for this program and its content.

**Important Notice:** Those who attend the workshop and complete the CPA evaluation form will receive 2.0 continuing education credits. Please note that APA CE rules require that we only give credit to those who attend the entire workshop. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credits. Cancellations received with less than 48-hours' notice will not have registration fees refunded.